



LNYSA Rules for Division U7 Games

I. Rules

- A. **Game:** One game of 40 minutes (two 20-minute halves). Teams are divided into two equal squads and play simultaneously on two micro fields. Substitutions are made at a point midway through the first half and midway through the second half with a ten (10) minute half-time water break/substitutions at the end of the first half. The visitor team switches micro fields during this halftime to play the other home team squad. A maximum of four (4) players will be allowed on the field (including a goalkeeper, introduced at midseason). A size three ball is used. All players must play $\frac{3}{4}$ of the game.
- B. **Start of Game (Kickoff):** Conform to FIFA Laws of the Game with the exception that opponents must be six (6) yards from the center mark while the kickoff is in progress.
- C. **Ball In and Out of Play:** Conform to FIFA Laws of the Game.
- D. **Throw-In:** Conform to FIFA Laws of the Game with the exception that a second thrown-in must be allowed if the player commits a foul on their initial attempt. The referee/coach shall explain the proper method in a positive and instructional manner before allowing the player to re-throw.
- E. **Goal Kick:** Conform to FIFA Laws of the Game with the following exceptions:
1. Goal Kick may be taken from any point inside the goal area.
 2. The ball must travel six (6) yards before the ball can be played.
 3. Opponents must move back to the mid line prior to the kick.
- F. **Scoring:**
1. Goals cannot be scored from a team's defensive side of the field.
 2. Goals cannot be scored by a goal kick.
 3. Goals cannot be scored by a kick off.
 4. Goals cannot be scored by a throw-in.
 5. Goals cannot be scored directly by an indirect free kick.
 6. Game scores are not kept at this level
- G. **Offside:** There is no offside in U7. Both coaches, with the help of the referee (coach or parent volunteer), are to ensure that no players are "cherry picking" or "camping out" in the offensive side to gain an unfair advantage. It



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will be at the discretion of the referee/coach to determine the unfair advantage.

- H. **Fouls:** All fouls will result in an Indirect Free Kick (see fouls & misconduct).
- I. **Goalkeepers:** After midseason, division U7 teams will have a goalkeeper on the field. The goalkeeper can handle the ball anywhere within the penalty area, which is designated by a line 6 yards deep stretching from touch line to touch line. Players may play no more than one quarter ($\frac{1}{4}$) of each game as goalkeeper.

II. Fouls & Misconduct – Division U7

- A. Fouls & Misconduct: Conform to FIFA with the following exceptions:
- B. The use of red and yellow cards is not permitted in Divisions U7.
- C. All fouls will result in an Indirect Free Kick with the opponents six (6) yards away for U7. An Indirect Free Kick means that the player cannot score directly by way of the kick. The ball must touch another player (any player on the field) before it goes into the goal for a score.
- D. The referee/coach must explain all infractions to the offending player.
- E. **No slide tackles are allowed in Division U7.**
- F. No penalty kicks are to be taken.

III. Discipline – Division U7

- A. A Disciplinary Policy has been set for all divisions (See LNYSA Discipline Policy). The items listed here specifically apply to Division U6 – U8.
- B. LNYSA does not schedule certified Referees for Division U7. These games are officiated by parent volunteers who have completed the proper training and/or participating Coaches that must remain impartial and will be able to coach while on the field as the referee.
- C. Division U7 disciplinary/behavioral problems are to be managed through talking, whistling of fouls, and verbal warnings. In extreme cases where a player persists in engaging in inappropriate behavior, the Referee should request the coach's assistance or intervention to permit the game to continue without further disruption.



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- D. Division U7 coaches shall ensure that all parents understand the noncompetitive nature of play at these ages, and that all spectators conduct themselves in the most positive manner possible towards all teams, referees, etc. Everyone associated with Division U7 must understand the LNYSA philosophy and ensure that we all “live” it continuously.**

FIELD:

Division U7

Comments:

Field Width (ft)	30
Field Length (ft)	50

12 Yard

