LNYSA **U7 Game Card**

circle

Division U7 **B G** **Date**

Team # **Time**

Coach **Field**

As.Co. **Color**

	No.	Player Name	Position		Qtrs not played 1	2	3	4
1								
2								
3								
4								
5								
6								
7								
8								
9								
10								
11								
12								

Coach's Instructions:

1. Use this Card to keep track of your players play time.

Rules

No. of Players on the Field: 4

Teams are divided into 2 equal squads and play on 2 fields

The visitor team switches fields after halftime.

Play Time: 40 Minutes (4 Quarters of 10 Minutes)

Practice Time: 30 Minutes before the game.

Field Start Time: As noted on the schedule.

Ball Size: 3

Referees: None - Coaches help out. - No yellow or red cards issuec

Player Play Time: 3/4 Quarters

Halftime: 10 minutes

Start of the Game: Start from the Middle, Opponents 6 yards away

Throw-In: Restart from where the ball went out by throw-in.
Allow multiple rethrows.

Goal Kick: Kick from 3 yards from the goal line.
Attacking team must move back to midline.

Scoring: Goals cannot be scored from a a goal kick, kick off, throw-

Offside: No offside.

Fouls: Indirect free kick. Mp direct kick allowed.

Goal Keepers: Start keepers in the 2nd half of the season.

No slide tackels

No Score keeping